



THE OVERFLOWING SPIRIT
EPH. 5:15-21
SEPTEMBER 30, 2018
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I. Introduction

Christians are not only filled with God's Spirit but they are also to be overflowing in Him as well. It is by the Holy Spirit himself we are able to be recognized and live a life pleasing to God as examples to those around us.

II. Fullness in Opportunity (vv. 15-16)

- a. The days are evil.
- b. Maximizing our time on earth (Job 19:5; Psalm 139:16)

III. Fullness of the Spirit (vv. 17-20)

- a. What/Who is in control of our minds (Prov. 23:29-35)
- b. Divine singing within our hearts

IV. Fullness in Submission (v. 21)

- a. All submission begins by submitting to Christ first.
- b. God's standards never change (Phil. 2:5-8)

V. Conclusion

Paul makes it very clear for us that we are all filled with 'something' which is influencing our lives. For anyone filled and following the Lord Jesus Christ today, we will know the humility of Jesus and have an attitude of joy.



CEFC Sermon-Based Growth Group
Week of: September 30, 2018
Title: The Overflowing Spirit
Text: Ephesians 5:15-21

Kick Starters...

1. What are some of the things that can fill our lives?
2. Do any of us struggle with having to do multiple tasks at the same time? What does it lead to when too many things are occurring at the same time in our lives?

Entertain the text

3. Read the text out loud and discuss/list/highlight any significant words or observations. Make notes in your Bible to help you recall anything important to revisit or pray over. Use cross-Scripture texts as is helpful.

Engage the text

4. Paul says, "making the best use of the time (v. 16). What does that mean?
5. How does procrastination lead to a misuse of our time?
6. How can we make the maximum use of our time to better serve the Lord?

7. What's the best way to understand what the "will of God" is in our lives? (hint: we must be yielded fully his work in us).
8. Paul speaks directly to abuse of alcohol in our lives. Has alcohol affected your family, a loved one, a friend in the way Paul describes? If so, pray for them as a group for the Spirit's work to fill their hearts with his overflowing grace.
9. Submission is not easy but it is a mark of a faithful Christian. Why does Paul speak so clearly about the importance of submitting to Christ first before can submit to one another?

Execute the text

10. Paul makes it clear we are all filled with (influenced by/yielded to) something in our lives. Pray for the many professing Christians around the world today who are filled with the Holy Spirit (John 14:6) but are not controlled by the Holy Spirit.

SBGG Sermon Based Growth Groups

Hendrychs/Larson
Sunday 4pm @ Hendrychs

Smith/Olejnik
Wednesday 6pm @ Smiths

Fritzsche/Grosskopf
Wednesday 6pm @CEFC

Difino/Schwenk
Wednesday 6pm @ Schwenks

Billington/Reuter
Friday 7:00pm @ CEFC