



BY THE SPIRIT—A LIFE
FREE FROM VICE!
EPH. 4:25-32
SEPTEMBER 9, 2018
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I. Introduction

Like so many other claims in life, the only real, definable, visible proof of anyone's words are their lived out actions. It's not your history or your life's story that makes you reliable in your witness for the Christian faith. It is your present life that reflects Christ which serves as the proof in the pudding

II. Speaking in Truth (v. 25)

- a. What does "lying" mean from Scripture? (Col: 3:9-10)
- b. Lying is an epidemic—because we want to raise ourselves up among others (Rev. 21:8)

III. Avoiding Unwholesomeness (vv. 26-30)

- a. Expressing emotions unbiblically (Heb. 12:15)
- b. Refraining from ungodly behavior by being self-controlled (Col. 4:6)

IV. Carnal Pursuits to Divine Virtues (vv. 31-32)

- a. Our natural tendency to sin (Acts 8:23)
- b. A better, more holy alternative (Luke 6:35)

V. Conclusion

Let's commit to our minds and mouths constantly uttering praises to God for all of his blessings which are innumerable. Let's become a channel for God's blessing by celebrating and rejoicing in that which is good and right and honorable and virtuous!



CEFC Sermon-Based Growth Group

Week of: September 9, 2018

Title: By The Spirit—A Life Free From Vice

Text: Ephesians 4:25-32

Kick Starters...

1. Why do we all struggle with vices in our lives?
2. Make a list of 10 common vices that exist within humanity. Do we see more of these today than in the past? Why?

Entertain the text

3. Read the text out loud and discuss/list/highlight any significant words or observations.

Engage the text

4. What does "having put away falsehood" mean?
5. Why do we often exaggerate our lives for others?
6. When Paul says, "do not let the sun go down on your anger" does he mean Christians are now allowed to be angry?

7. Rotten fruit smells terrible and tastes even worse. The same thing is true of rotten language which is rampant in our culture. Is there any such thing as subtle/acceptable profanity in the life of a Christian?

Execute the text

8. What does it mean to have a 'new life' or to be a "new creation" in Christ and how is that to impact our day to day living? (2 Cor. 5:17)
9. How can we better display the grace of God in our lives (v. 32)
10. As a group, make a list of ways we grieve the Holy Spirit and pray for refraining from anything in our lives that will cause the Lord to grieve.