



GOD SUSTAINS US IN TRIALS
JAMES 1:2-12
APRIL 26, 2020
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I. Introduction

How do we cope with all of the very real, troublesome, gut wrenching, emotionally draining, realities in this life's trials, knowing more are to come? For Christians, the answer to that question is God—he is sustaining us.

II. Five Truths To God Sustaining His People

1. By developing and attitude of joy within us
(Heb. 12:2; 2ND Cor. 12:10; Job 23:10)
2. By giving us understanding
(1st Cor. 10:13)
3. By calling us submit fully to him
(Psalm 131:1-2)

4. By having a heart that trusts God
(Psalm 16:8; Job 28:12-13, 23, 28)
5. By displaying a spirit of humility
(1st Pet. 1:6-7)

III. Conclusion

Trials all come from God. God uses them for his purpose. But he sustains us during those trials. There is nothing on this side of heaven that is sweeter than the grace of God---it's better than life itself.



CEFC Sermon-Based
Growth Group Questions

Week: April 26, 2020

Title: God Sustains Us In Trials

Text: James 1:2-12

Kick Starters...

1. Share some challenges you or your family have faced in your lifetime?
2. How do you generally see people sustaining themselves during the trials and challenges of life? (hint: what are folks clinging to or running to when things get tough?)

Entertain the text

3. Read the text together and discuss/list/highlight any significant words or observations. Make notes in your Bible to help you recall anything important to revisit or pray over. Use cross-Scripture texts as is helpful.

Engage the text

4. Being joyful during trials takes a 'long view' of life. What does that mean and why can Christians do that? (hint: God's people are forward thinking--1st. Pet. 1:5-7)

5. Read 2nd Cor. 12:10 and Job 23:10 together. Discuss how trusting God during his refining of our spirits benefits our understanding of trials.
6. All of the trials before us are personally designed by God for the purpose of what? (hint: 1st Pet. 5:10; James 1:3)
7. Why is humility such a big deal in trials? We are tempted to....(hint: Psalm 121:1-2; Psalm 37:3-5, 7)?
8. Partial trust of God reveals our heart's weakness. God alone gives us wisdom. Read Psalm 16:8; Job 28:12-13, 23, 28; Prov. 3:5-6. What do we learn about our need to trust him fully?
9. God promises to give the 'crown of life' to all those who endure in Christ's strength. Read 1st Pet. 1:6-7 together and discuss this reality for Christians today.

Execute the text

10. Pray for God to sustain us this week—personally, our community, our country, and our world as he uses this time to bring the saving Gospel's power into the lives of endless others. May many come to know what Christ offers to all those who repent, confess, and seek him with their whole hearts.